



Therapy4Refugees

Gifts for Manus and Nauru is an incorporated charitable organisation which looks after the needs of refugees and asylum seekers in offshore detention. The organisation is supported 100% by donations.

Common challenges faced by people living in offshore detention are past traumas, grief and loss, difficulties sleeping, maintaining hope for the future, threats from security and local people, and coping with the daily impacts of living in detention.

We are calling for experienced counsellors, psychotherapists, psychologists and social workers to volunteer some time on a weekly basis to provide ongoing therapeutic support to refugees and asylum seekers by (most typically) WhatsApp, Telegram and Facebook Messenger apps. This support can make a big difference.

Therapeutic conversations provided by volunteers focus on witnessing the trauma experienced on a daily basis, fostering resilience and reducing trauma symptoms.

Volunteers need to have experience in working with trauma, be in regular supervision, and have professional indemnity insurance. Providing therapy for children detained on Nauru requires a current Working with Children Check or Blue Card.

- ❖ **Counsellors and psychotherapists** need to have intern, provisional, or clinical membership with a professional association (PACFA, PACFA Member Association, or ACA)
- ❖ **Psychologists** need to be registered with AHPRA
- ❖ **Social workers** need to be a member of the AASW

If you are interested in volunteering with Therapy4Refugees, please email lone.Lewis59@gmail.com to get started. We provide online orientation and monthly case discussions, as well as crisis consultation.